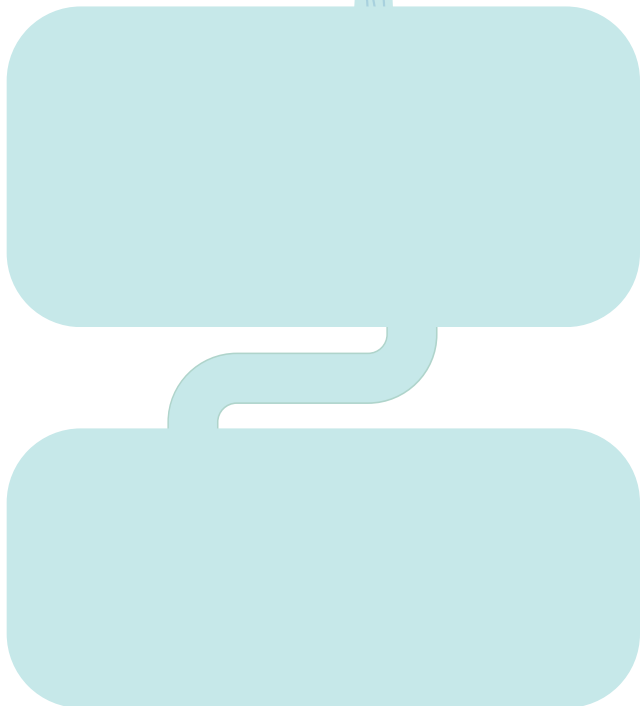
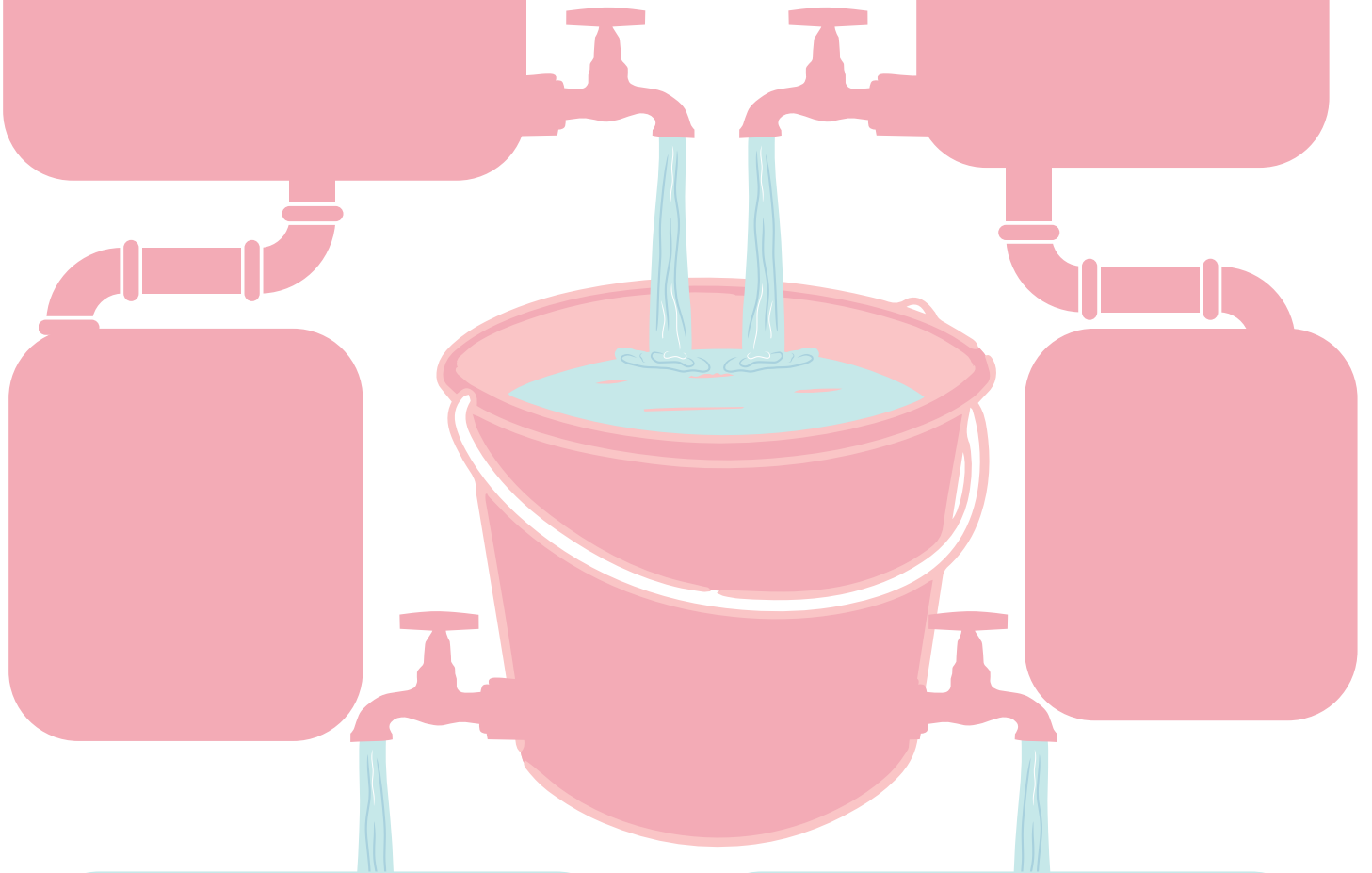


things that cause stress

stress bucket



things that relieve stress